

What Have We Learned from Screening?

Since its inception in May 2014, MHA has collected nearly 5 million screens through our online screening program [MHA Screening](#). Today, MHA collects around 3,000 screenings daily.

After completing their screening, individuals receive immediate results, education, resources and linkage to affiliates. Along with the results of their screens, individuals provide MHA with valuable demographic and survey responses that allow us to further support our mental health policy and education efforts.

About the Screeners who Visit MHA Screening

- 72 percent are female, 26 percent are male and 2 percent identify with another gender.
- 60 percent are White (non-Hispanic), 12 percent are Hispanic/Latino, 9 percent are Black/African American, and 9 percent are Asian/Pacific Islander.
- 29 percent are 11-17 years old, 32 percent are 18-24 years old, and 20 percent are 25-34 years old.
- Over 50 percent of screeners report household incomes of less than \$40,000 a year.
- The completed screens provide a geographical sample that is representative of each state's population. For example, 6 percent of MHA screeners live in New York which corresponds to the US Census report that 6 percent of the total US population live in New York.
- 8 percent of screens are international screeners.

What MHA Screening Results Reveal

- 36 percent of screeners took the Depression Screen, 18 percent completed the Anxiety Screen, 15 percent completed the Bipolar Screen, and 14 percent completed the Psychosis screen.
- 74 percent scored moderate to severe for any of the conditions, and of those, 65 percent had never been diagnosed.
- 12 percent of those who screened reported having other health conditions. The most common conditions reported were chronic pain or arthritis, diabetes, and COPD or lung disease.
- 71 percent of those who screened identified as students and 27 percent identified as LGBT.

