

## MHA Webinars Call for Proposals

Mental Health America (MHA) is collecting proposals for upcoming public education webinars. Preferred topics include program successes and best practices, science-based tools and coping strategies, and other topics backed by empirical research.

MHA's webinars are one hour in length and include approximately 45 minutes of presentation followed by 10-15 minutes of Q&A. Attendance ranges between 500 and 1,000 participants. Participants typically include, but are not limited to, clinicians, non-profit leaders, mental health advocates, peer supporters, and college or graduate students. After the event, the slides and recording are distributed to participants and archived on MHA's website for public viewing. MHA does not provide CEUs to participants, but certificates of attendance are available upon request.

Areas of interest include:

- COVID-19
  - Social anxiety, exhaustion, and disconnection
  - Trauma & PTSD
  - Family dynamics (child development, parental relationships, DV & abuse, etc.)
  - Healthcare workers and their families
- Crisis intervention
- Substance use
- Peer support
- Value of lived experience
- Targeted programs and interventions
- Support for specific mental health conditions including but not limited to psychosis, obsessive-compulsive disorder, schizophrenia, etc.
- Issues specific to distinct populations (age, gender, sexuality, race/ethnicity, etc.)

To be eligible, applicants must:

- Be a mental health professional (clinician, therapist, peer support specialist, peer support advocate) OR be a demonstrated mental health advocate;
- Be an affiliate or associate member of Mental Health America, or be invited to apply by an MHA National staff member; and
- Align with MHA's commitment to anti-racism, non-discrimination, and mental wellness for all people.

We encourage applications from those who have lived experiences of mental illness or of coping with a mental health challenge.

Applications will close on November 19, 2021. Selected speakers will be contacted by December 31, 2021.

**Apply here by November 19, 2021: <https://bit.ly/MHAwebinars>**