Are the Screening Tools Validated?

Yes. MHA uses screening tools that are validated by research and used in primary care settings to screen for mental health conditions.

The research validating our tools for each screen is listed below:

**Depression: PHQ-9**


**Anxiety: GAD-7**


**PTSD: PC-PTSD**

Bipolar: MDQ


Alcohol and Substance Use: CAGE-AID


Youth - PSC 35

- M. Jellinek & J.M. Murphy, Massachusetts General Hospital and Bright Futures in Practice: Mental Health, 2002. For more information visit [http://www.massgeneral.org/psychiatry/services/psc_home.aspx](http://www.massgeneral.org/psychiatry/services/psc_home.aspx)


Parent - PSC Parent 17

- Pediatric Symptom Checklist (PSC): 1988, M. Jellinek & J.M. Murphy, Massachusetts General Hospital and Bright Futures in Practice: Mental Health, 2002. For more information visit [http://www.massgeneral.org/psychiatry/services/psc_home.aspx](http://www.massgeneral.org/psychiatry/services/psc_home.aspx)
Psychosis - PQ-B


Eating Disorder Screen

- The Stanford-Washington University Eating Disorder Screen (SWED) is developed by Drs. C. Barr Taylor, Katherine Balantekin, Ellen Fitzsimmons-Craft, Andrea Kass, Mickey Trockel, and Denise Wilfley and was made possible by grant funding from the National Institute of Mental Health (R01 MH081125 and R01 MH100455). Validation research in progress.